



The Future Within

Smoothing the way for women
who have lost a spouse
to chart a new course.



Patricia Muscari

Welcome to Fresh*Breezes: Thoughts and tips on life transitions. Goal-Setting Is One Thing. It is only part of the process of getting where you want to be! An essential and over-riding factor is to be the catalyst for your life in other ways as well.

An exciting and effective method is to envision your future and THINK it into being! Our thoughts can create our reality around us. Does this sound a little "woo woo" to you? At one time, I would have agreed. Now, though, I am now an enthusiastic believer--since about three years ago.

Have you by chance seen the full-length movie, *The Secret*--executive producer, Rhonda Byrne? This thinking is set forth in the movie. It concerns the law of attraction. *The Secret* takes up where "What the Bleep Do We Know" left off. You can buy or rent *The Secret*. Call me if you are interested in details to obtain it: 303-794-7824.

Goal-Setting Is Just The First Step...

The high effectiveness of coaching is partly due to my drawing insights from this "philosophy", if we can call it that. One can move much more quickly to achievement of goals and beyond, be it success in business and wealth, or to a different way of life -- even to the longed-for relationship with one's soul mate.

Einstein said that problems cannot be solved at the same level of consciousness that created them. This shift to another way of thinking often happens within coaching sessions. Everyday problems are seen from a different perspective, opening up new and exciting possibilities.

Coaching is very rewarding at times like these. It is a distinct honor to see my clients evolve and move to a new place of awareness and then ultimately to unexpected achievement and joy.

[More Information on my website](#)



One on One Coaching: Hiring Your Own Coach

Enlist your own coach. You will be glad you did. Although no one individual "needs" coaching, everyone can benefit from it.

Take advantage now of a free Sample Session!

Call Patricia at: 303-794-7824. It will change your life.

Would you like to take a look at my website? Go to: www.TheFutureWithin.net

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The person who sends out positive thoughts activates the world around him positively and draws back to himself positive results. ~Norman Vincent Peale~

The most exciting breakthrough of the twenty-first century will occur not because of technology, but because of an expanding concept of what it means to be human. ~John Naisbitt~

Topic of our next issue on Wednesday, November 22: Can We Talk? You may read past issues of this newsletter on my website: www.TheFutureWithin.net. Thank you for receiving this ezine, Fresh*Breezes.
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With love and sincerity,

Patricia Muscari

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